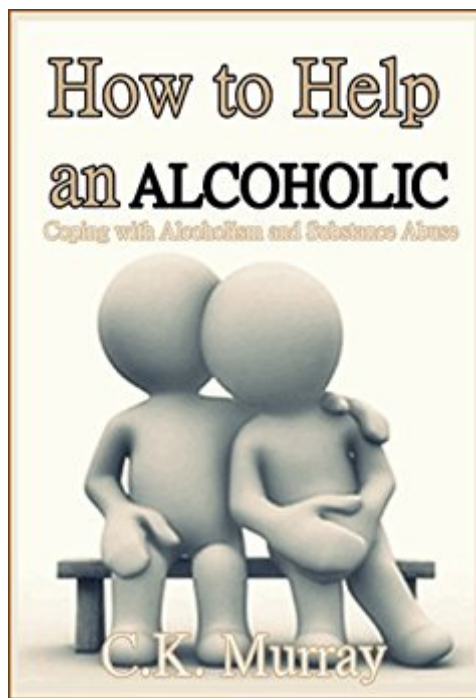


The book was found

# How To Help An Alcoholic: Coping With Alcoholism And Substance Abuse (Help An Alcoholic Spouse, Alcoholic Family Member, Friend Or Addict) (Coping With ... Husband, Dependence, Domestic Abuse)



## Synopsis

Learn How To Help An Alcoholic Alcoholism affects everybody It doesn't matter who you are or what you do, if you know an alcoholic, your life will change. Interpersonal relationships will suffer, recovery will stagnate, and families will crumble. Coping with an alcoholic can be the most trying thing in the world, damaging us emotionally, mentally, spiritually, and even physically. Alcoholism and the family can never go hand-in-hand. But it can be treated. Alcohol addiction recovery is possible. Whether coping with an alcoholic spouse, living in an alcoholic family, struggling with an alcoholic friend, or overcoming your own alcoholism, we can all overcome addiction! If you want to go beyond simply living with alcoholism, it is time to get informed. Substance abuse counseling is a necessary part of recovery. In order to remove the effects of alcoholism on family and marriage, in order to truly help an addict, we must learn to support an alcoholic. Helping an alcoholic is no easy task, but it is certainly within our power. Even the most incorrigible alcoholics can get the addiction treatment they need. Through the right approach, the correct action plan, and the proper addiction recovery program, we can all learn how to reverse the terrible effects of alcoholism and sustain recovery once and for all. So don't waste anymore time. Begin by getting help TODAY. Support an alcoholic through substance abuse counseling, family interventions, and psychologically-proven strategies. Repair your family, your marriage, and your most precious interpersonal relationships. Here's how...

How to Help an Alcoholic: Coping with Alcoholism and Substance Abuse (A Preview): Who Is The Alcoholic? Denial Mechanisms of the Alcoholic The Major Types of Alcoholic How to Approach an Alcoholic about Treatment Formulating an Action Plan Finding the Treatment Program that WORKS Bringing Therapy Full-Circle My Own Experience

Tags: interpersonal relationships, substance abuse counseling, alcoholism and the family, support an alcoholic, alcoholism and marriage, helping an alcoholic, recovery

## Book Information

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Dysfunctional Families

## Customer Reviews

I lost an uncle to alcoholism and his son who happens to be my favorite cousin seems to be going the same way, that's why I bought this book to see if I could help my cousin with his drinking problem. This book is amazing; it lets you know the difference between alcoholics and mere drinkers. It made me realize that my cousin's refusal to accept his drinking problem was a denial mechanism associated with his problem. This book has thought me steps I can take to help Jason change, I've started and he's already starting to accept that he has a problem and we're trying to find the best way to overcome it. Thank you C.K Murray

this book takes a realistic stance from somebody who's been there. the strategies offered help and it was good to hear the anecdotes of similar people. being an addict is tough but can be treated. thank you!

Very happy I came across "How to Help an Alcoholic." We've all met people in need of help but it can be very difficult. Substance abuse is hard to cope with especially when it touches close to home, and I found a lot of information in this book to be good. A nice and informative read for anybody affected by alcoholism and/or substance abuse who is looking to help a person in need.

Great book that offers some truly helpful advice on how to help friends and family with alcohol dependence issues. Informative and full of great insight. This book is a must for anyone who knows a person struggling with substance abuse! Highly recommend it!

Really helpful and insightful book on coping. I got this book as a gift and really enjoyed learning

about the disease of alcoholism. It confirmed what I expected about a family member and I plan to have this book go to the spouse of them. Great read and should be read by anyone that is dealing with problems centered around an alcoholic.

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How to Help an Alcoholic: Coping with Alcoholism and Substance Abuse (Help an Alcoholic Spouse, Alcoholic Family Member, Friend or Addict) (Coping with ... Husband, Dependence, Domestic Abuse) Coping With An Addict: How to deal with drug addicts, substance abusers using pot, prescription pills, cocaine or methamphetamines (Coping With Alcoholism and Substance Abuse Book 5) Don't Let the Bastards Grind You Down: 50 Things Every Alcoholic and Addict in Early Recovery Should Know, or How to Stay Clean and Sober, Recovery from Addiction and Substance Abuse Seeking Safety: A Treatment Manual for PTSD and Substance Abuse (Guilford Substance Abuse) Grief: Overcome The Loss of A Friend or Family Member - Death, Bereavement, Family Loss & Depression (Mourning, Pain Relief, Loss, Emotional Pain, Funeral, Sympathy, Hospice Care Book 1) Clinical Work with Substance-Abusing Clients, Third Edition (Guilford Substance Abuse Series) Disciplined By Her Victorian Husband (Victorian Husband's Domestic Discipline Book 2) Talking to Alzheimer's: Simple Ways to Connect When You Visit with a Family Member or Friend When Your Adult Child Breaks Your Heart: Coping With Mental Illness, Substance Abuse, And The Problems That Tear Families Apart Sum & Substance Audio on Securities Regulation with Summary Supplement (CD) (Sum and Substance Audio) Healing a Spouse's Grieving Heart: 100 Practical Ideas After Your Husband or Wife Dies (Healing Your Grieving Heart series) Self Help: How To Live In The Present Moment (Self help, Self help books, Self help books for women, Anxiety self help, Self help relationships, Present Moment, Be Happy Book 1) When a Family Member Has OCD: Mindfulness and Cognitive Behavioral Skills to Help Families Affected by Obsessive-Compulsive Disorder The Wisdom to Know the Difference: An Acceptance and Commitment Therapy Workbook for Overcoming Substance Abuse (New Harbinger Self-Help Workbook) Counselling Skills for Working with Trauma: Healing From Child Sexual Abuse, Sexual Violence and Domestic Abuse (Essential Skills for Counselling) My Man's Best Friend - Book 1 (My Man's Best Friend series) SWINGER EROTICA: Swapping Spouses: First Time Swinging Mature Wife Husband Sharing, Wife Watches Hot Wife Swinger Party Cheating Husband Voyeurism Exhibitionism, Spice ... Up Marriage, Multiple Partner Erotic Becoming God's Friend: Understanding Your Growth from Servant to Friend The Husband's Secret: Novel By Liane Moriarty -- An Amazing Summary! (The Husband's Secret-- An Incredible Summary-- Audio, Audiobook, Paperback, Novel) The Good Husband Guide: 19 Tips for Domestic Bliss

